

Sea Colony Sharks Pre-Season

April 17 - June 7, 2023

(No practice on 5/29)

REGISTER
NOW!

Freeman Fitness Center Indoor Pool

Mondays & Wednesdays

Ages 10 & Under 4:30 - 5:30pm

Ages 11 & Up 5:30 - 6:30pm

\$130 per participant

\$15 per drop-in

**For more information and to register, call the
Fitness Center at 302-539-4511.**

www.seacolony.com/sea-colony-sharks