



Sea Colony Sharks Swim Team Pre-Season

Sea Colony Sharks swim team is dedicated to building a community based swimming program that develops team sportsmanship, confidence in swimming and the competitive training needed to compete in meets.

The Sharks are for ages 5-18, and the team is comprised of Sea Colony Homeowners, renters, guests, as well as residents in the local surrounding communities.

April 15 - June 5, 2024

Mondays and Wednesdays

No practice on May 27, 2024 (Memorial Day)

4:30-5:30 pm for ages 10 & under

5:30-6:30 pm for ages 11-18

Freeman Fitness Center Indoor Pool

Cost: \$140

Equipment Required: Fins and kickboards for all, pull buoys in addition for 11+

For more information, visit www.seacolony.com/sea-colony-sharks