

WELCOME TO THE FREEMAN FITNESS CENTER

- Face Masks are required (PER DPH, Face Shields and Bandanas are NOT considered acceptable Face Coverings) and MUST be worn to enter the facility and throughout your visit.
- ALL patrons MUST scan their Sea Colony issued ID badge upon entrance.
- Please DO NOT linger/gather in any areas of the facility, and exit promptly after usage.

WORKOUT PATRONS

- Patrons will wait outside until directed by a Fitness Employee.
- Patrons MUST wear a Face Mask at all times.
- Patrons MUST wipe down equipment before and after each use.

INDOOR POOL AREA

• Please review Pool Procedures located on the indoor pool entrances, including Lap Swim utilization.

RESTROOMS

- Face Mask MUST be worn at all times in the restroom and locker room.
- Patrons must practice social distance at all times.